

Vegetarian Lunch Menu - Week 3



MONDAY

Homemade mixed bean enchiladas served in a tomato based sauce topped with grated cheese and accompanied with green beans.

*

Diced cantaloupe melon served with diced pineapple.

TUESDAY

Homemade quorn and broccoli pasta bake.

Chick 'n' Pop (Ve)

*

Sliced nectarines served with mango pieces.

WEDNESDAY

Homemade vegetable cakes served with edamame beans, cabbage and parsley white sauce.

*

Sliced apples served with banana pieces.

THURSDAY

Homemade spinach and ricotta parcels served with roast potatoes, cubed courgettes and sliced carrots.

Spinach and vegan cheese parcels (Ve)

*

Sliced plums served with peaches.

FRIDAY

Meat free burgers served with a wholemeal roll and accompanied with potato wedges, mixed salad and homemade tomato sauce.

*

Natural yoghurt served with banana slices.